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**Maura J. Rossman, M.D., HCLHIC Co-Chair**  
**Health Officer, Howard County Health Department**

**Steven C. Snelgrove, HCLHIC Co-Chair**  
**President, Howard County General Hospital**

## Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting  
 July 31, 2017 – 2:30 p.m. – 4:00 p.m.  
 Barton A&B

### Minutes

**Members Present:**

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>Jillian Anderson, HCGH</li> <li>Marsha Ansel, Howard County Mental Health Authority</li> <li>Kelly Arthur, Health Quality Innovators</li> <li>Jennifer Asher, HC Commission on Aging</li> <li>Courtney Barkley, HC DCRS</li> <li>Hailey Barao, Revive Physical Therapy</li> <li>Karen Basinger, HC University of MD Extension</li> <li>Renee Bitner, HC Health Department</li> <li>Courtney Barkley, HC DCRS</li> <li>Regine Clermont, Elite Touch, LLC</li> </ul> | <ul style="list-style-type: none"> <li>Carrie Dell, Meals on Wheels of Central Maryland, Inc.</li> <li>Bruce Fulton, Neighbor Ride</li> <li>Renuka Jain, Revive Physical Therapy</li> <li>Jill Kamenetz, HC DCRS</li> <li>Elizabeth Menachery, HCHD</li> <li>Sheila Palmiotto, HCHD</li> <li>Arlene Patel, JaziBakes!</li> <li>Maura Rossman, HCHD</li> <li>Charles Smith, HC DCRS</li> <li>Sharonlee Vogel, HC Commission on Aging</li> </ul> |
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**Guests Present:**

Tiffany Tate, Maryland Partnership for Prevention

**Staff Present:**

- Sharif Braxton, HCLHIC Program Coordinator
- Kelly Kesler, HCLHIC Program Director
- Mary Wahl, HCLHIC Program Manager
- Lauren Williams, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome and Introductions</b>	Courtney Barkley called the meeting to order at 2:32p.m.  Participants and guests introduced themselves.	
<b>Approval of Minutes and Announcements</b>	Sharif Braxton shared that the work group meeting would be recorded for production of minutes.  Courtney Barkley provided a re-cap from the May 22, 2017 meeting and	Minutes from the previous meeting will be available one week prior to the next meeting date at <a href="http://www.hclhic.org/membership/meeting-portal">http://www.hclhic.org/membership/meeting-portal</a> .  Group members are encouraged to provide

	<p>asked for any corrections to the minutes from that meeting. A motion to accept the minutes as written was made by Sharonlee Vogel and seconded by Sheila Palmiotto.</p> <p>Group members shared brief announcements.</p>	<p>event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/">http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/</a>. To request an event be added to the HCLHIC Community calendar contact <a href="mailto:lhic@howardcountymd.gov">lhic@howardcountymd.gov</a>.</p> <p>Kelly Arthur of <a href="#">Health Quality Innovators</a> stated that HQI offer quality improvement services free of charge due to their contract with Medicare. She also provided information on free <a href="#">diabetes</a>, <a href="#">cardiac</a> and <a href="#">Spanish language</a> health education resources. She also shared the group's free online searchable <a href="#">resource center</a>. If you'd like to know more about the services HQI provides, you can reach out to Kelly Arthur at <a href="mailto:karthur@hqi.solutions">karthur@hqi.solutions</a></p> <p>Karen Basinger from the University of Maryland Extension shared that next Tuesday (August 8<sup>th</sup>) is Senior Day at the Howard County Fair (which runs from August 5- August 14). All seniors (ages 62 and older) receive free admission. There will be activities throughout the day and bingo in the afternoon.</p>
<p><b>Delegate's Report/ Ongoing Business</b></p>	<p>Sharif Braxton introduced FY18 returning Delegates Courtney Barkley and Renee Bitner and shared that the report has been submitted for the Alzheimer's Association Grant.</p>	
<p><b>Strategic Planning Discussion</b></p>	<p>Tiffany Tate facilitated the discussion based on goals and objectives identified in Strategic Planning Retreat held on May 2, 2017 and the Workgroup meeting May 22, 2107.</p>	<p>Coalition members voted on their tactic priorities and shared their insights on the strategic planning matrix. Updates will be sent out before the next Workgroup Meeting.</p>
<p><b>Wrap Up and Adjournment</b></p>	<p>Sharif Braxton shared that the next workgroup meeting would feature a guest presentation by Officer Andre Lingham of the HCPD to discuss current scams as well as safety concerns in and around the Howard County community geared towards Seniors. The full work group meeting was adjourned at 4:07 p.m.</p>	

**Work Group**

August 28, 2017 2:30-4:00 pm Barton A&B

October 23, 2017 2:30-4:00 pm Barton A&B

**FULL HCLHIC**

September 28, 2017 8:30-10:30 am *\*Please note this is a revised date*

January 25, 2018 8:30-10:30 am Susquehanna *\*Tentative Location*

Respectfully submitted by

Sharif Braxton

Program Coordinator, Howard County Local Health Improvement Coalition